

Spring Lake Junior and Mini Lifeguard Programs

(Cut-off Sign up date – June 22, 2020)

Spring Lake Beach Patrol is offering applicants an opportunity to join a regionally distinguished program of education, discipline, and aquatic safety training. Our mission is to provide participants with the skills and knowledge needed for overall beach safety and personal ocean fitness.

The Spring Lake program is not for the faint-of-heart. We challenge our participants to go beyond their current level of beach fitness. The physical aspects of the program are balanced with excitement and camaraderie. We are privileged to have experienced, dedicated, and highly qualified instructors. All instructors are United States Lifesaving Association certified lifeguards.

Junior Lifeguards also have an opportunity to test their skills and abilities in ocean competitions against Junior Guards from other area beaches. These events usually are held on Tuesdays and Thursdays during the month of July. Additional competition opportunities exist at the regional and national levels.

Junior Lifeguards are divided into five age groupings - *All members will receive a program team rash guard shirt.*

- AA: 16-17
- A: 14-15
- B: 12-13
- C: 9- 11
- Mini Guards: 6-8

Junior Guards – Program begins June 26th and lasts until July 24rd. Participants meet every Monday, Wednesday, and Friday from 7:30am – 8:45am.

- **Junior 1** - Registration cost is \$130.00. This includes Spring Lake practice days. Registration to any tournaments will be the responsibility of the parent/guardian.
- **Junior 2** - Registration cost is \$230.00. This includes Spring Lake practice days, cost for registration to local tournaments (Spring Lake, Belmar, Long Branch, Manasquan). The fee non-refundable, however, you will still receive the t-shirt that the above hosting beaches competition provides.

Mini Guards – Program registration cost is \$65.00. Participant meeting dates are: Tuesday June 30, Thursday July 2, Tuesday July 7, Tuesday July 14, Thursday July 16. Morning practice time is 7:30am - 8:30am. This is a basic introductory program for children between the ages of 6-8. It provides a feel for the ocean environment and the Junior Guard program composition.

Registration - Please visit <https://register.communitypass.net/reg/index.cfm#modal> ; enter **Spring Lake Borough, NJ** then click **Continue**; complete the Community Pass information. You can contact the borough at 732 449-0800 if needed for additional instruction. Further inquiries - feel free to contact Tom Bateman (trbate@verizon.net, 732-528-9206) or Kevin Lenk (kevonnj@gmail.com).